

2018 Get Wet & Run Wild KIDS FUN RUN

Potato Bowl 2018 | Kids Fun Run | Friday, Sept. 21, 2018
1K (.62 mile) or 2K (1.24 miles) | Open to all kids (through age 14)

Potato Bowl USA is celebrating its 53rd year in the "Grand Cities." Kids of all ages are invited to join in the fun & tradition with the 9th Annual Hugo's Potato Bowl "Get Wet & Run Wild" Kids Fun Run held at Choice Health & Fitness. This fun-filled event will include a course featuring Squirt Gun Alley, Water Balloon Launch, and Sprinkler Sprint! Sign up today!





Youth Registration

Potato Bowl 2018 | Kids Fun Run

Date: **Friday, September 21, 2018**

Location: **Choice Health & Fitness | 4401 S. 11th St. Grand Forks, ND 58201 | 701.746.2790**

Ages: **Open to all kids (through age 14)**

Race Divisions: **1K (.62 mile) or 2K (1.24 miles)**

Race Start Times: **1K Race - 5:30 pm | 2K Race - 5:50 pm | Awards following each race.**

Race Fees:

Now through Sept. 7th: \$12.00 / participant + \$5.00 (optional food shelf donation)

Sept. 8th - Sept. 21st: \$18.00 / participant + \$5.00 (optional food shelf donation)

One adult may accompany each child at no charge.

Pre-Registration: **Mail or drop off registration form to Choice Health & Fitness.**

Pre-registered participants guaranteed to receive a "Get Wet & Run Wild" T-shirt.

Race Day Registration: **4:00 pm - 5:15 pm in Community Rooms at Choice Health & Fitness.**

Race Course Features: **Squirt Gun Alley | Water Balloon Launch | Sprinkler Sprint**

Things to Know:

- **Event will be held rain or shine. In the event of unsafe conditions, event may be cancelled. All entry fees will be donated to the Food Shelf. No refunds will be issued.**
- **Strollers are allowed on the course. No bikes, trikes, or pets please.**
- **All race participants and their families swim FREE at Choice Health & Fitness after the race.**
- **Receive a FREE 1-Day Family pass to Choice Health & Fitness with \$5.00 food shelf donation.**

Questions: **Contact Julie Kirkeby | jkirkeby@choicehf.com | 701.746.2790**

"Get Wet & Run Wild" Kids Fun Run | Youth Registration Form

(Fill out separate form for each child)

Child's Name: _____ Date of Birth: ____ / ____ / ____ Age on Race Day: ____ Gender: M F

Parent Name(s): _____ Email: _____

Address: _____ City/State/Zip: _____

Parent Phone: _____ - _____ - _____ Alternate Phone # (work, mobile, etc.) _____ - _____ - _____

Waiver: In consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors and administrators, waive any and all rights, claims, and damages I may have against the Potato Bowl Committee, Choice H&F, the sponsors, coordination groups, City of Grand Forks and any individuals associated with said event. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of the event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.

Parent or Guardian Signature: _____ Date: _____

RACE DIVISION & FEES:

\$12.00 through Sept. 7th

\$18.00 Sept. 8th-21st

1 K \$ _____

2 K \$ _____

Food Shelf **\$5.00**

(Optional Donation)

TOTAL \$ _____

Make Checks Payable to:

Potato Bowl Kids Fun Run

Amt Collected \$ _____

BIB # _____