

WINTER SESSIONS

Session I: Jan. 7 - Feb. 4 (No lessons Jan 21)

Session I Regi. Starts: Mon. Dec 10

Reg. Deadline: Jan. 2

Session II: Feb. 11 - Mar. 9

Session II Reg. Starts: Mon. Jan. 14

Reg. Deadline: Feb. 6

Parent and ME

9 mon. - 2 yrs.
Swim diaper required

SESSION DATES

Session I: Jan 7 - Feb 4
(No lessons Jan 21)
(need 4 participants)

Session II: Feb 11 - Mar. 9

DAYS/TIMES

Sat | 8:30-9:00 am

Sat | 8:30-9:00 am

LESSONS/COST

4 lessons for \$44 (members)
4 lessons for \$60 (non-members)

4 lessons for \$44 (members)
4 lessons for \$60 (non-members)

tiny Tots SWIMMING

3 & 4 year-olds
Potty trained

SESSION DATES

Session I: Jan. 7 - Feb. 4
(No lessons Jan 21)

Session II: Feb. 11 - Mar. 9

DAYS/TIMES

M & W | 10:30-11:00 am*
M & W | 5:00-5:30 pm*
T & TH | 5:00 - 5:30 pm
SAT | 9:00 - 9:30 am
SAT | 9:30 - 10:00am

M & W | 10:30-11:00 am*
M & W | 5:00-5:30 pm*
T & TH | 5:00 - 5:30 pm
SAT | 9:00 - 9:30 am
SAT | 9:30 - 10:00am

LESSONS/COST

8 lessons for \$72 (mem) | \$112 (non-mem)
8 lessons for \$72 (mem) | \$112 (non-mem)
8 lessons for \$72 (mem) | \$112 (non-mem)
4 lessons for \$36 (mem) | \$56 (non-mem)
4 lessons for \$36 (mem) | \$56 (non-mem)

8 lessons for \$72 (mem) | \$112 (non-mem)
8 lessons for \$72 (mem) | \$112 (non-mem)
8 lessons for \$72 (mem) | \$112 (non-mem)
4 lessons for \$36 (mem) | \$56 (non-mem)
4 lessons for \$36 (mem) | \$56 (non-mem)

**If numbers are low, classes may be combined.*

CHOICE LITTLE SWIMMERS REGISTRATION FORM - WINTER 2019 SESSIONS

Name: _____ Date of Birth: ____/____/____ Current Age: _____
Parent Name(s): _____ Email: _____
Address: _____ City/State/Zip: _____
Parent Phone: _____ - _____ - _____ Alternate Phone # (work, mobile, etc.) _____ - _____ - _____ Gender: M F

I hereby acknowledge the health of my child, listed above, to be ready for vigorous activity and authorize the directors to secure any emergency treatment deemed necessary, and that I hereby release the Grand Forks Park District, Choice Health & Fitness and all employees, executors, and heirs from all claims for injuries, which may be sustained by my child while attending this program. I also understand that any medical bills incurred by my child due to injuries will be my responsibility or the responsibility of my family health insurance plan.

Parent or Guardian Signature: _____ Date: ____/____/____

PLEASE CHECK THE SESSION YOU WOULD LIKE YOUR SON/DAUGHTER TO PARTICIPATE IN ALONG WITH THE CLASS TIME YOU PREFER.

PARENT AND ME | 9 MONTHS - 2 YEARS

SESSION I	SESSION II
Jan. 7 - Feb. 4 (Deadline: Jan. 2)	Feb 11 - Mar. 9 (Deadline: Feb 6)
\$44 member \$60 non-member ____ Sat 8:30am	\$44 member \$60 non-member ____ Sat 8:30am

TINY TOTS | 3 - 4 YEARS

SESSION I: Jan 7 - Feb 4 (Deadline: Jan. 2)	SESSION II: Feb 11 - Mar 9 (Deadline: Feb 6)
____ M/W 10:30am (\$72 mem, \$112 non) ____ M/W 5:00pm (\$72 mem, \$112 non) ____ T/TH 5:00pm (\$72 mem, \$112 non) ____ SAT 9:00am (\$36 mem, \$56 non) ____ SAT 9:30am (\$36 mem, \$56 non)	____ M/W 10:30am (\$72 mem, \$112 non) ____ M/W 5:00pm (\$72 mem, \$112 non) ____ T/TH 5:00pm (\$72 mem, \$112 non) ____ SAT 9:00am (\$36 mem, \$56 non) ____ SAT 9:30am (\$36 mem, \$56 non)

CHOICE *little* **SWIMMERS** 9 mon - 4 yrs

Choice Little Swimmers is designed to introduce young children to the water in a safe environment, which will teach them important basic water skills and safety.

Parent and ME

9 months - 2 years Swim diaper required

Parent and Me swimming classes provide an introduction to water for parents and children. This class offers a fun and safe way to get children comfortable in the water.

tiny **Tots SWIMMING**

3 - 4 years Potty trained

Tiny Tots swimming lessons provide an introduction to basic water skills and water safety for children. The 30 minute classes meet twice a week and offer children a way to become comfortable with the water without a parent before entering Swimming Academy.

