

CHOICE ADULT FITNESS

INCLUDED IN MEMBERSHIP

WATER AEROBICS | INSTRUCTOR SCHEDULE*

DECEMBER 2017

SUN	MON	TUE	WED	THU	FRI	SAT
					1 8:00 Brenda 9:00 Brenda	2 8:30 Sue
3 NO CLASSES	4 8:00 Brenda 9:00 Brenda	5 11:00 Sue 1:00 Brenda 5:40pm Hyley	6 8:00 Brenda 9:00 Brenda	7 11:00 Jen 1:00 Brenda 5:40pm Sue	8 8:00 Sue 9:00 Sue	9 8:30 Sue
10 NO CLASSES	11 8:00 Sue 9:00 Hyley	12 11:00 Brenda 1:00 Brenda 5:40pm Hyley	13 8:00 Brenda 9:00 Brenda	14 11:00 Sue 1:00 Brenda 5:40pm Sue	15 8:00 Brenda 9:00 Brenda	16 8:30 Sue
17 NO CLASSES	18 8:00 Brenda 9:00 Sue	19 11:00 Brenda 1:00 Brenda 5:40pm Hyley	20 8:00 Brenda 9:00 Hyley	21 11:00 Jen 1:00 Sue 5:40pm Sue	22 8:00 Brenda 9:00 Brenda	23 8:30 Brenda
24 NO CLASSES	25 MERRY CHRISTMAS CHOICE HEALTH & FITNESS CLOSED	26 11:00 Brenda 1:00 Brenda 5:40pm Hyley	27 8:00 Brenda 9:00 Brenda	28 11:00 Brenda 1:00 Sue 5:40pm Sue	29 8:00 Brenda 9:00 Hyley	30 8:30 Sue
31 NO CLASSES						

*PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE.