

# CHOICE ADULT FITNESS

INCLUDED IN MEMBERSHIP

## WATER AEROBICS | INSTRUCTOR SCHEDULE\*

### JANUARY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 11:00 Sue 1:00 Sue 5:40pm Hyley	3 8:00 Sue 9:00 Hyley	4 11:00 Jen 1:00 Brenda 5:40pm Sue	5 8:00 Brenda 9:00 Brenda	6 8:30 Sue
7 <b>NO CLASSES</b>	8 8:00 Brenda 9:00 Brenda	9 11:00 Brenda 1:00 Brenda 5:40pm Hyley	10 8:00 Brenda 9:00 Brenda	11 11:00 Jen 1:00 Sue 5:40pm Sue	12 8:00 Sue 9:00 Sue	13 8:30 Sue
14 <b>NO CLASSES</b>	15 8:00 Brenda 9:00 Brenda	16 11:00 Sue 1:00 Brenda 5:40pm Hyley	17 8:00 Brenda 9:00 Brenda	18 11:00 Jen 1:00 Sue 5:40pm Sue	19 8:00 Sue 9:00 Hyley	20 8:30 Sue
21 <b>NO CLASSES</b>	22 8:00 Brenda 9:00 Brenda	23 11:00 Sue 1:00 Brenda 5:40pm Hyley	24 8:00 Brenda 9:00 Brenda	25 11:00 Jen 1:00 Sue 5:40pm Sue	26 8:00 Hyley 9:00 Sue	27 8:30 Sue
28 <b>NO CLASSES</b>	29 8:00 Brenda 9:00 Brenda	30 11:00 Brenda 1:00 Brenda 5:40pm Hyley	31 8:00 Brenda 9:00 Brenda			



**\*PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE.**