

CHOICE ADULT FITNESS

INCLUDED IN MEMBERSHIP

WATER AEROBICS | INSTRUCTOR SCHEDULE*

JULY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
1 NO CLASSES	2 8:00 Sue 9:00 NO CLASS	3 11:00 Sue 1:00 Sue 5:40pm Sue	4 HAPPY 4th Of July CLOSED	5 11:00 Sue 1:00 Sue 5:40pm Sue	6 8:00 Sue 9:00 Sue	7 8:30 Sue
8 NO CLASSES	9 8:00 Sue 9:00 NO CLASS	10 11:00 Sue 1:00 Sue 5:40pm Sue	11 8:00 Sue 9:00 NO CLASS	12 11:00 Sue 1:00 Sue 5:40pm Sue	13 8:00 Sue 9:00 Sue	14 8:30 Sue
15 NO CLASSES	16 8:00 Sue 9:00 NO CLASS	17 11:00 Sue 1:00 Sue 5:40pm Sue	18 8:00 Sue 9:00 NO CLASS	19 11:00 Sue 1:00 Sue 5:40pm Sue	20 8:00 Sue 9:00 Sue	21 8:30 Sue
22 NO CLASSES	23 8:00 Sue 9:00 NO CLASS	24 11:00 Sue 1:00 Sue 5:40pm Sue	25 8:00 Sue 9:00 NO CLASS	26 11:00 Sue 1:00 Sue 5:40pm Sue	27 8:00 Sue 9:00 Sue	28 8:30 Sue
29 NO CLASSES	30 8:00 Sue 9:00 NO CLASS	31 11:00 Sue 1:00 Sue 5:40pm Sue				



*PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE.