

CHOICE ADULT FITNESS

INCLUDED IN MEMBERSHIP

WATER AEROBICS | INSTRUCTOR SCHEDULE*

NOVEMBER 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1 11:00 Brenda 1:00 Brenda 5:40pm Hyley	2 8:00 Sue 9:00 Hyley	3 8:30 Sue
4 NO CLASSES	5 8:00 Brenda 9:00 Brenda	6 11:00 Sue 1:00 Sue 5:40pm Sue	7 8:00 Brenda 9:00 Sue	8 11:00 Brenda 1:00 Brenda 5:40pm Hyley	9 8:00 Brenda 9:00 Brenda	10 8:30 Hyley
11 NO CLASSES	12 8:00 Brenda 9:00 Brenda	13 11:00 Brenda 1:00 Brenda 5:40pm Sue	14 8:00 Sue 9:00 Sue	15 11:00 Sue 1:00 Sue 5:40pm Hyley	16 8:00 Hyley 9:00 Brenda	17 8:30 Sue
18 NO CLASSES	19 8:00 Brenda 9:00 Brenda	20 11:00 Sue 1:00 Brenda 5:40pm Sue	21 8:00 Brenda 9:00 Brenda	22 HAPPY THANKSGIVING CLUB CLOSED	23 8:00 Sue 9:00 Hyley	24 8:30 Hyley
25 NO CLASSES	26 8:00 Brenda 9:00 Brenda	27 11:00 Brenda 1:00 Brenda 5:40pm Sue	28 8:00 Brenda 9:00 Sue	29 11:00 Sue 1:00 Sue 5:40pm Hyley	30 8:00 Brenda 9:00 Brenda	
						

*PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE.