

CHOICE ADULT FITNESS

INCLUDED IN MEMBERSHIP

WATER AEROBICS | INSTRUCTOR SCHEDULE*

OCTOBER 2018

SUN	MON	TUE	WED	THU	FRI	SAT
	1 8:00 Brenda 9:00 Sue	2 11:00 Sue 1:00 Brenda 5:40pm Sue	3 8:00 Sue 9:00 Sue	4 11:00 Brenda 1:00 Brenda 5:40pm Hyley	5 8:00 Sue 9:00 Sue	6 8:30 Sue
7 NO CLASSES	8 8:00 Brenda 9:00 Brenda	9 11:00 Sue 1:00 Brenda 5:40pm Sue	10 8:00 Sue 9:00 Sue	11 11:00 Sue 1:00 Brenda 5:40pm Hyley	12 8:00 Brenda 9:00 Brenda	13 8:30 Hyley
14 NO CLASSES	15 8:00 Brenda 9:00 Brenda	16 11:00 Brenda 1:00 Brenda 5:40pm Sue	17 8:00 Sue 9:00 Sue	18 11:00 Sue 1:00 Brenda 5:40pm Hyley	19 8:00 Sue 9:00 Hyley	20 8:30 Sue
21 NO CLASSES	22 8:00 Brenda 9:00 Brenda	23 11:00 Sue 1:00 Sue 5:40pm Sue	24 8:00 Sue 9:00 Sue	25 11:00 Sue 1:00 Brenda 5:40pm Hyley	26 8:00 Sue 9:00 Sue	27 8:30 Hyley
28 NO CLASSES	29 8:00 Brenda 9:00 Brenda	30 11:00 Brenda 1:00 Sue 5:40pm Sue	31 8:00 Sue/ Brenda 9:00 Sue			
						

***PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE.**