

Choice Sports Basketball League

2018-2019 CITY LEAGUE BASKETBALL: November 14 - March 6

*** No games on November 21, December 26 and January 2

WHERE: Gymnasiums around Grand Forks

GAME TIMES: Wednesdays at 6:30 p.m., 7:40 p.m., and 8:50 p.m.



DIVISIONS: Open / Commercial / Rec I / Rec II / Women's Open / Women's Rec

Players must be at least 18 years of age, out of high school, and not a member of a college basketball team to participate in the league. **Former college players may not participate in the recreation divisions unless they are 45 years old by November 14th, 2018.** Any teams with three or more former college players must play in the Open division. Any player who has participated for even one day in a college basketball program at any level is considered a former college player. If you have questions about what division you should be competing in, call league coordinator CJ Cano at 701-746-2790. Remember that we reserve the right to re-classify teams or combine divisions if necessary. Limited number of teams in each division please sign-up early.

ROSTERS: Teams may not have more than 12 players on their roster at one time. All roster changes need to be approved and submitted in writing by email to sports@choicehf.com by February 11th. Players may be listed on more than one roster as long as they are not competing in the same division. Scheduling will not accommodate players on more than one roster.

COST: \$800 + tax (\$858 per team). Teams are encouraged to arrange for a sponsor to pay for all or a portion of your team fee. Sponsors generally pay up to half of the team fee. Rosters will not be accepted without full payment and you will not have a spot in a league unless you have turned in a roster along with full payment. Teams are accepted on a first come, first served basis. Make checks payable to Choice Health & Fitness. Return payment and roster to:

Choice Health & Fitness
P.O. Box 12429
Grand Forks, ND 58208-2429

DEADLINE: Friday, October 19th. A \$25 late fee will be assessed for any rosters submitted after October 19th until the close of the registration period. Entries received by mail after October 19th will be assessed a late fee regardless of when it is postmarked. Registrations will close after we set divisions and begin scheduling on approximately October 26th, court capacity is reached, or division maximums are met.

2018-2019 CITY LEAGUE BASKETBALL: Nov. 14 - March 6 (14 Weeks). No games Nov. 21, Dec. 26 & Jan. 2

Team Name: _____
 Team Manager: _____
 Manager Cell Phone: _____
 Manager Email: _____
 Division: _____

By signing the player roster below, I, and all my executors and administrators, hereby waive and release any and all rights and claims against the Grand Forks Park District / Choice Health & Fitness for damages or injuries which may result during participation in this league. (Signatures must be received before playing in the league).

	Player Name	Player Email Address (required)	Player Phone (required)	Player Signature (required)
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				

For office use only: Please ring up league registrations under "BASKETBALL - CITY LEAGUE". Fee is \$800+tax. Add \$25 if accepted after Oct. 19. ROSTERS WITHOUT FULL PAYMENT WILL NOT BE SUBMITTED.