

**Choice Health and Fitness  
2016 Indoor/Outdoor Triathlon**

| Place | Name              | Swim    | Bike    | Run     | Total Time | Total Time W/Transition |
|-------|-------------------|---------|---------|---------|------------|-------------------------|
| 1     | Alan Johnson      | 08:10.4 | 0:19:50 | 0:19:15 | 0:47:15    | 50:56.0                 |
| 2     | David Boura       | 08:34.6 | 0:19:59 | 0:21:08 | 0:49:42    | 58:07.0                 |
| 3     | Preston Olson     | 06:16.0 | 0:23:35 | 0:28:42 | 0:58:33    | 59:57.0                 |
| 4     | Austin Hoggarth   | 09:52.4 | 25:51.0 | 0:23:02 | 0:58:45    | 1:02:00                 |
| 5     | Kim Maiello       | 06:56.7 | 0:25:30 | 0:26:58 | 0:59:25    | 1:04:08                 |
| 6     | Elizabeth Wek     | 09:12.6 | 22:09.0 | 0:29:28 | 1:00:50    | 1:09:13                 |
| 7     | Katy Johnson      | 10:05.7 | 25:02.0 | 0:26:15 | 1:01:23    | 1:05:53                 |
| 8     | Devin Stefanowicz | 09:48.1 | 23:55.0 | 0:27:54 | 1:01:37    | 1:07:19                 |
| 9     | Michael Novak     | 14:17.5 | 0:22:59 | 0:24:49 | 1:02:05    | 1:14:18                 |
| 10    | Naomi Hensrud     | 10:54.3 | 25:20.0 | 0:26:35 | 1:02:49    | 1:11:01                 |
| 11    | Gary Roehrick     | 11:55.9 | 23:51.0 | 0:27:55 | 1:03:42    | 1:10:40                 |
| 12    | Jared Connell     | 11:09.5 | 25:54.0 | 0:26:48 | 1:03:51    | 1:11:13                 |
| 13    | James Dickinson   | 13:00.5 | 25:43.0 | 0:25:30 | 1:04:13    | 1:07:39                 |
| 14    | Erin Wessman      | 07:08.9 | 0:29:40 | 0:27:43 | 1:04:32    | 1:07:48                 |
| 15    | Dave Gilbert      | 09:58.5 | 25:22.0 | 0:29:40 | 1:05:00    | 1:09:27                 |
| 16    | Steve Westereng   | 12:20.6 | 0:25:17 | 0:27:55 | 1:05:33    | 1:10:40                 |
| 17    | Jill Wamstad      | 09:46.0 | 27:07.0 | 0:29:27 | 1:06:20    | 1:11:21                 |
| 18    | Rhea Ferry        | 12:51.0 | 26:18.0 | 0:27:17 | 1:06:26    | 1:19:41                 |
| 19    | Katie Moes        | 07:33.9 | 0:25:03 | 0:33:53 | 1:06:30    | 1:10:48                 |
| 20    | Lee Rerick        | 12:03.1 | 0:26:11 | 0:28:43 | 1:06:57    | 1:17:41                 |
| 21    | Angela Salgado    | 12:38.6 | 26:56.0 | 0:27:24 | 1:06:59    | 1:14:23                 |
| 22    | Kyle Markwardt    | 12:26.2 | 0:25:56 | 0:28:47 | 1:07:09    | 1:14:07                 |
| 23    | Darci Bohn        | 07:44.4 | 22:47.0 | 0:37:03 | 1:07:34    | 1:15:18                 |
| 24    | Allison Maxwell   | 06:43.9 | 0:26:45 | 0:34:08 | 1:07:37    | 1:10:12                 |
| 25    | Bethany Markwardt | 13:08.3 | 0:26:22 | 0:29:44 | 1:09:14    | 1:21:39                 |
| 26    | Becky Westereng   | 11:10.8 | 0:29:21 | 0:29:26 | 1:09:58    | 1:15:42                 |
| 27    | Jeff Wieser       | 11:11.7 | 0:26:00 | 0:33:32 | 1:10:44    | 1:27:13                 |
| 28    | Julie Kirkeby     | 11:47.4 | 0:30:06 | 0:28:55 | 1:10:48    | 1:19:56                 |
| 29    | Erica Wieser      | 09:46.2 | 0:27:44 | 0:34:29 | 1:11:59    | 1:27:12                 |
| 30    | Erin Schoenrock   | 07:26.8 | 27:30.0 | 0:37:26 | 1:12:23    | 1:21:05                 |
| 31    | Melissa Hong      | 14:13.5 | 27:03.0 | 0:33:27 | 1:14:44    | 1:25:53                 |
| 32    | Missy Ohe         | 10:38.3 | 0:30:11 | 0:37:05 | 1:17:54    | 1:26:01                 |
| 33    | Kathleen Adams    | 14:21.1 | 33:12.0 | 0:32:17 | 1:19:50    | 1:29:55                 |
| 34    | Gail Sullivan     | 12:35.0 | 30:36.0 | 0:37:51 | 1:21:02    | 1:37:25                 |
|       | Stacey Woolsey    | DNS     | DNS     | DNS     | DNS        | DNS                     |
|       | Preston Engstrom  | DNS     | DNS     | DNS     | DNS        | DNS                     |

\*Times sorted by Total Time

\*Yellow Highlighted top Men in each event

\*Green Highlighted top Women in each event

\*Total Time = Swim + Bike + Run

\*Total Time w/Transition = Your overall time from start to finish