

LARGE GROUP X ROOM - G2 SCHEDULE



December 24-30th, 2018

	Mon 12/24	Tues 12/25	Wed 12/26	Thurs 12/27	Fri 12/28	Sat 12/29	Sun 12/30
5:00 am							
6:00 am	BodyPump™ 5:30 - 6:30 am Sandy	Zumba® 5:30 - 6:30 am CLOSED	BodyPump™ 5:30 - 6:30 am Sandy	Zumba® 5:30 - 6:30 am Brittany	SunUp B.Pump™ 6:00 - 6:30 am Sandy		
7:00 am							
8:00 am							
9:00 am	POUND® 8:45 - 9:30 am TBD	Fun & Fit 8:45 - 9:30 am CLOSED	Step Fusion 8:45 - 9:30 am Alyssa	Fun & Fit 8:45 - 9:30 am Brenda		Zumba® 8:30 - 9:30 am Brittany	BodyPump™ 9:00 - 10:00 am Sandy
10:00 am	BodyPump™ 9:40 - 10:25 am Lauren	SS Circuit® 9:45 - 10:30 am CLOSED	BodyPump™ 9:40 - 10:25am Amber	SS Circuit® 9:45 - 10:30 am Brenda	Zumba® 9:00 - 10:00 am Andy	BodyPump™ 9:45 - 10:45 am TBD	
11:00 am	Zumba® Gold 10:30 - 11:00 am TBD			Chair Yoga 10:45-11:30am Brenda	BodyPump™ 10:15 - 11:15 am Alyssa		
12:00 pm		BodyPump™ 12:15 - 1:00 pm CLOSED		BodyPump™ 12:15 - 1:00 pm Amber			
1:00 pm	Sport Yoga 1:00 - 1:45 pm CLOSED		Sport Yoga 1:00 - 1:45 pm Chris				Zumba® 1:00 - 2:00 pm Brittany
2:00 pm							
3:00 pm							
4:00 pm		Family Zumba 4:30-5:00 pm CLOSED					
5:00 pm	BodyPump™ 4:45- 5:45 pm CLOSED	A B C's 5:10- 5:50 pm CLOSED	"FIT"by Choice 4:45 - 5:30 pm Stayce	A B C's 5:10- 5:50 pm Chilly			
6:00 pm	Zumba® 6:00 - 6:45 pm CLOSED	Target Zone 6:00 - 6:45 pm CLOSED	Zumba® 6:00 - 6:45 pm Kaitlyn	Zumba® 6:00 - 6:45 pm Corey			
7:00 pm	Kick Burn & Build 7:00 - 8:00 pm CLOSED	BodyPump™ 7:00 - 8:00 pm CLOSED	Kick Burn & Build 7:00 - 8:00 pm Chilly	BodyPump™ 7:00 - 8:00 pm Yvonne			
8:00 pm							
9:00 pm							

Note: \$ symbol = Fee-Based Classes