

LARGE GROUP X ROOM - G2 SCHEDULE



Dec 31st-Jan 6th, 2018

	Mon 12/31	Tues 1/1	Wed 1/2	Thurs 1/3	Fri 1/4	Sat 1/5	Sun 1/6
5:00 am							
6:00 am	BodyPump™ 5:30 - 6:30 am Sandy	Zumba® 5:30 - 6:30 am NO CLASS	BodyPump™ 5:30 - 6:30 am TBD	Zumba® 5:30 - 6:30 am TBD	SunUp B.Pump™ 6:00 - 6:30 am TBD		
7:00 am							
8:00 am							
9:00 am	POUND® 8:45 - 9:30 am TBD	Fun & Fit 8:45 - 9:30 am NO CLASS	Step Fusion 8:45 - 9:30 am TBD	Fun & Fit 8:45 - 9:30 am TBD	Zumba® 9:00 - 10:00 am TBD	Zumba® 8:30 - 9:30 am TBD	BodyPump™ 9:00 - 10:00 am TBD
10:00 am	BodyPump™ 9:40 - 10:25 am Yvonne	SS Circuit® 9:45 - 10:30 am NO CLASS	BodyPump™ 9:40 - 10:25am TBD	SS Circuit® 9:45 - 10:30 am TBD		BodyPump™ 9:45 - 10:45 am TBD	
	Zumba® Gold 10:30 - 11:00 am TBD				BodyPump™ 10:15 - 11:15 am TBD		
11:00 am				Chair Yoga 10:45-11:30am TBD			
12:00 pm		BodyPump™ 12:15 - 1:00 pm TBD		BodyPump™ 12:15 - 1:00 pm TBD			
1:00 pm	Sport Yoga 1:00 - 1:45 pm Chris		Sport Yoga 1:00 - 1:45 pm TBD				Zumba® 1:00 - 2:00 pm TBD
2:00 pm							
3:00 pm							
4:00 pm		Family Zumba 4:30-5:00 pm TBD					
5:00 pm	BodyPump™ 4:45- 5:45 pm Alyssa	A B C's 5:10- 5:50 pm TBD	"FIT"by Choice 4:45 - 5:30 pm TBD	A B C's 5:10- 5:50 pm TBD			
6:00 pm	Zumba® 6:00 - 6:45 pm Corey	Target Zone 6:00 - 6:45 pm TBD	Zumba® 6:00 - 6:45 pm TBD	Zumba® 6:00 - 6:45 pm TBD			
7:00 pm	Kick Burn & Build 7:00 - 7:45 pm Chilly	BodyPump™ 7:00 - 8:00 pm TBD	Kick Burn & Build 7:00 - 8:00 pm TBD	BodyPump™ 7:00 - 8:00 pm TBD			
8:00 pm							
9:00 pm							

Note: \$ symbol = Fee-Based Classes