

CHOICE ADULT FITNESS

INCLUDED IN MEMBERSHIP

WATER AEROBICS | INSTRUCTOR SCHEDULE*

DECEMBER 2018

SUN	MON	TUE	WED	THU	FRI	SAT
						1 8:30 Sue
2 NO CLASSES	3 8:00 Brenda 9:00 Brenda	4 11:00 Brenda 1:00 Brenda 5:40pm Sue	5 8:00 Sue 9:00 Sue	6 11:00 Sue 1:00 Brenda 5:40pm Hyley	7 8:00 Sue 9:00 Sue	8 8:30 Hyley
9 NO CLASSES	10 8:00 Brenda 9:00 Brenda	11 11:00 Brenda 1:00 Sue 5:40pm Sue	12 8:00 Sue 9:00 Sue	13 11:00 Brenda 1:00 Brenda 5:40pm Hyley	14 8:00 Sue 9:00 Sue	15 8:30 Hyley
16 NO CLASSES	17 8:00 Brenda 9:00 Brenda	18 11:00 Brenda 1:00 Sue 5:40pm Sue	19 8:00 Brenda 9:00 Brenda	20 11:00 Brenda 1:00 Brenda 5:40pm Hyley	21 8:00 Sue 9:00 Hyley	22 8:30 Sue
23 NO CLASSES Dec 30th NO CLASSES	24 NO CLASSES <u>DEC 31st</u> 8:00 Brenda 9:00 Brenda	25 Merry Christmas! Club Closed	26 8:00 Sue 9:00 Sue	27 11:00 Sue 1:00 Sue 5:40pm Hyley	28 8:00 Brenda 9:00 Brenda	29 8:30 Hyley
						

*PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE.