

# CHOICE ADULT FITNESS

INCLUDED IN MEMBERSHIP

## WATER AEROBICS | INSTRUCTOR SCHEDULE\*

### JANUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		1  Happy New Year!  NO CLASSES	2 8:00 Sue  9:00 Sue	3 11:00 Brenda 1:00 Brenda  5:40pm Hyley	4 8:00 Hyley  9:00 Sue	5  8:30 Sue
6  NO CLASSES	7 8:00 Brenda  9:00 Brenda	8 11:00 Sue 1:00 Sue  5:40pm Sue	9 8:00 Sue  9:00 Sue	10 11:00 Sue 1:00 Sue  5:40pm Hyley	11 8:00 Sue  9:00 Sue	12  8:30 Hyley
13  NO CLASSES	14 8:00 Brenda  9:00 Brenda	15 11:00 Brenda 1:00 Brenda  5:40pm Sue	16 8:00 Brenda  9:00 Brenda	17 11:00 Sue 1:00 Sue  5:40pm Hyley	18 8:00 Sue  9:00 Hyley	19  8:30 Hyley
20  NO CLASSES	21 8:00 Brenda  9:00 Brenda	22 11:00 Sue 1:00 Sue  5:40pm Sue	23 8:00 Brenda  9:00 Sue	24 11:00 Brenda 1:00 Brenda  5:40pm Hyley	25 8:00 Sue  9:00 Hyley	26  8:30 Sue
27  NO CLASSES	28 8:00 Brenda  9:00 Brenda	29 11:00 Brenda 1:00 Brenda  5:40pm Sue	30 8:00 Sue  9:00 Sue	31 11:00 Sue 1:00 Sue  5:40pm Hyley		
						

\*PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE.