

# 2019 CHOICE HEALTH & FITNESS SPRING FLING VOLLEYBALL TOURNAMENT RULES



## TEAMS

- Coed 6 Teams may have a maximum of 8 players on a roster.
- A maximum of 6 and a minimum of 5 players are allowed on the court at one time. Less than 5 players will result in a forfeit.
- Your 5 or 6 on-court players must consist of no more than 3 males or 4 females during coed play.
- All players used must be on your roster.
- Players cannot play on more than 1 roster in the tournament.

## LACK OF PLAYERS OR NO SHOWS

- ***Teams that have not arrived 5 minutes after the scheduled starting time will forfeit the match.***
- Teams that do not show up for their matches may be eliminated from the tournament.
- There are no make-up matches.

## TOURNAMENT FORMAT

- Pool Play followed by a tournament bracket.
- Pool Play matches will consist of one game played to 25 points using rally scoring. You must win by 2 points. Teams will then be seeded based on W-L record for the tournament.
- Tournament bracket matches consists of the best of 2 out of 3 games.
- Games 1 and 2 are played to 25 points using rally scoring. You must win by 2 points.
- If necessary, the third game is played to 15 points. You must win by 2 points.

## MATCH RESULTS

- ***The winning team is responsible for reporting their scores to the tournament supervisor located in/by the court sports office.***

## OFFICIATING

- Teams shall call their own matches. You are responsible for calling the lines on your side of the court. You should call your own carries, contact with net, etc. If there is a disputed call that cannot be resolved, please replay the point.

## SERVE

- Volley for serve the first game. The team that wins the volley serves both the 1<sup>st</sup> and 3<sup>rd</sup> games (if necessary).
- At service, the serving and starting order and positions on the court shall be male & female alternated or vice-versa in all coed leagues.
- You cannot block or attack a serve.

## PLAY

- A player may not contact any part of the net, rope, or cable while the ball is in play.
- While on defense, a player may reach over the net to block a shot but cannot intercept the opposing player's set.
- While on offense, you cannot break the plane of the net except after the follow through.

## Illegal Hits / Carries

DIVISION A AND WOMENS' DIVISION: All illegal hits must be called. No net contacts, open hand hits, kicks, etc. allowed. USVA rules apply.

## B & C DIVISIONS:

- The ball should be cleanly hit. A ball that comes to rest momentarily in the hand is considered a carry. All carries or throws are considered illegal hits and result in a point or side out.

- A ball that contacts the ceiling is still in play unless it crosses the plane of the net. All lights, rails, and guide wires are out of bounds.

***THOUGH WE EACH HAVE A DIFFERENT LEVEL OF COMPETITIVENESS IN US, THE EMPHASIS IS ON PHYSICAL ACTIVITY, FAIRNESS, AND FUN! ENJOY THE DAY WITH YOUR TEAMMATES AND FELLOW COMPETITORS. CONTACT THE TOURNAMENT SUPERVISOR WITH ANY QUESTIONS, COMMENTS, OR CONCERNS.***