



Summer Session: June 3 - August 15 (No league July 1-5)

Registration Deadline: May 24 (\$10 late fee after deadline)

Where:	Choice Health & Fitness (outdoor courts) 4401 S 11th St, Grand Forks, ND	
When:	Singles League Monday 6:30 - 8:00 p.m.	Doubles League Thursday 6:30 - 8:00 p.m.
Divisions:	4.5 - 5.0 Singles	2.5 - 3.0 Progressive Doubles 3.5 - 4.0 Progressive Doubles
Player Level:	NTRP 2.5 - 3.0 3.5 - 4.0 4.5 - 5.0	Approximate Level of Player Beginner / Intermediate Intermediate / Advanced Advanced / Expert
Cost:	Singles League \$60 + tax per player Return full payment and roster to:	Doubles League \$40 + tax per player Choice Health & Fitness P.O. Box 12429 Grand Forks, ND 58208-2429
Deadline:	Friday, May 24 or until full. \$10.00 late fee if registration is accepted after deadline.	
Rules:	League schedules, rules, & awards will be finalized and announced after registration.	

Detach and return with full payment.

ADULT TENNIS LEAGUE REGISTRATION FORM | June 3 - August 15

Name: _____ Email: _____
Address: _____ City: _____ State: _____ Zip Code: _____
Phone: (W) _____ - _____ - _____ (C) _____ - _____ - _____ (Work) _____ - _____ - _____

PLEASE MARK THE LEAGUE IN WHICH YOU WOULD LIKE TO PLAY:

☐ SINGLES

☐ DOUBLES

PLEASE CIRCLE YOUR PLAYER LEVEL BELOW:

2.5 - 3.0

3.5 - 4.0

4.5 - 5.0

Unknown

Return registration forms to Choice Health & Fitness. Leagues are scheduled on a first come, first served basis and will fill up quickly.

For office use only: Ring up under "Tennis - Leagues". Fees: Singles (\$60 + tax) | Doubles (\$40 + tax). Add \$10 if accepted after May 24.

Choice Sports

Adult Tennis Leagues

Why let the kids have all the fun? Join Choice Health & Fitness Adult Tennis Leagues and hit the courts this summer in some friendly competition. League available for all skill levels, beginners - experts. Must be 18 or older. All leagues are coed unless otherwise specified.

DON'T KNOW WHAT LEVEL TO PLAY?

Our goal is to ensure a competitive league for everyone involved. If you don't have a player rating, we'll help you determine your appropriate level of play. Also, a self-rating guide is available at www.usta.com.

CAN'T COMMIT EVERY WEEK?

If you will rarely miss, we'll have a sub list of players that can be contacted to ensure your opponent(s) have a match. If you can't commit to a majority of the league nights but would like to play, add your name to our sub list. You'll likely have some opportunities to play during the league.

DON'T HAVE A DOUBLES PARTNER?

You don't register with a partner. The doubles leagues are progressive, meaning, you'll team up with different players each week, based on your results from the previous week.

WHERE ARE LEAGUES LOCATED?

Leagues are held at Choice Health & Fitness.

WHAT ARE THE RULES?

League schedules, rules, & awards will be finalized & announced after registration.

