

WINTER 2020 SESSION DATES

REGISTRATION OPEN UNTIL CLASSES ARE FULL | ADD \$10 LATE FEE FOR REGISTRATIONS RECEIVED AFTER DEADLINE

SESSION I: January 6 - February 3
NO LESSONS JAN 20
Registration Starts: Mon. Dec. 9 | Reg. Deadline: Jan. 1

SESSION II: February 10 - March 9
NO LESSONS FEB 17
Registration Starts: Mon. Jan 13 | Reg. Deadline: Feb. 5

Parent and ME

9 MONTHS - UNDER 2 YEARS | SWIM DIAPER REQUIRED

DAYS	TIMES	NUMBER OF LESSONS COST
SAT	8:30-9:00 am*	4 lessons for \$46 (mem) \$62 (non-mem)

*Needs 4 participants to run

ADVANCED Parent and ME

2 YEARS | SWIM DIAPER REQUIRED

DAYS	TIMES	NUMBER OF LESSONS COST
MON	6:00-6:30 pm*	4 lessons for \$46 (mem) \$62 (non-mem)

*Needs 4 participants to run

tiny Tots SWIMMING

3 YEARS | POTTY TRAINED

DAYS	TIMES	NUMBER OF LESSONS COST
M & W	10:30-11:00 am*	8 lessons for \$76 (mem) \$116 (non-mem)
M & W	5:00-5:30 pm*	8 lessons for \$76 (mem) \$116 (non-mem)
T & TH	5:00 - 5:30 pm	8 lessons for \$76 (mem) \$116 (non-mem)
SAT	9:00 - 9:30 am	4 lessons for \$38 (mem) \$58 (non-mem)
SAT	9:30 - 10:00 am	4 lessons for \$38 (mem) \$58 (non-mem)

*If numbers are low, classes may be combined.

CHOICE LITTLE SWIMMER REGISTRATION FORM - WINTER 2020

Name: _____ Date of Birth: ____ / ____ / ____ Current Age: _____
 Parent Name(s): _____ Email: _____
 Address: _____ City/State/Zip: _____
 Parent Phone: _____ - _____ - _____ Alternate Phone # (work, mobile, etc.): _____ - _____ - _____ Gender: M F

I hereby acknowledge the health of my child, listed above, to be ready for vigorous activity and authorize the directors to secure any emergency treatment deemed necessary, and that I hereby release the Grand Forks Park District, Choice Health & Fitness and all employees, executors, and heirs from all claims for injuries, which may be sustained by my child while attending this program. I also understand that any medical bills incurred by my child due to injuries will be my responsibility or the responsibility of my family health insurance plan.

Parent or Guardian Signature: _____ Date: ____ / ____ / ____

PLEASE CHECK THE FOLLOWING SESSION YOU WOULD LIKE YOUR SON/DAUGHTER TO PARTICIPATE IN:

____ JAN. 6 - FEB. 3

____ FEB. 10 - MAR. 9

PARENT & ME | 9 MON. - UNDER 2

ADVANCED PARENT & ME | 2 YRS

TINY TOTS SWIMMING | 3 YRS

____ SAT 8:30am (\$46 mem, \$62 non)

____ MON 6:00pm (\$46 mem, \$62 non)

____ M/W 10:30am (\$76 mem, \$116 non)	____ SAT 9:00am (\$38 mem, \$58 non)
____ M/W 5:00pm (\$76 mem, \$116 non)	____ SAT 9:30am (\$38 mem, \$58 non)
____ T/TH 5:00pm (\$76 mem, \$116 non)	

CHOICE *little* SWIMMERS 9 mon - 4 yrs

Choice Little Swimmers is designed to introduce young children to the water in a safe environment, which will teach them essential water skills and safety.

Parent *and* ME

9 MONTHS - UNDER 2 YEARS | SWIM DIAPER REQUIRED

Parent and Me swimming classes provide an introduction to water for parents and children. The 30-minute class meets once a week and offers a fun and safe way to get children comfortable in the water.

ADVANCED Parent *and* ME

2 YEARS | SWIM DIAPER REQUIRED

Advanced Parent and Me swimming classes provide a fun and safe way to get children comfortable in the water. The 30-minute class meets once a week and goes further than the original Parent & Me class by introducing children to water and safety skills.

tiny Tots SWIMMING

3 YEARS | POTTY TRAINED

Tiny Tots Swimming lessons provide an introduction to basic water skills and water safety for children. The 30-minute class meets twice a week and offers children a way to become comfortable in the water without a parent before Swimming Academy.

