

SPRING SESSIONS

REGISTRATION OPEN UNTIL CLASSES FULL | \$10 LATE FEE FOR RESERVATIONS RECEIVED AFTER DEADLINE

SESSION 1: MARCH 23 - APRIL 20 (Session 1 Registration Starts: Mon, Feb. 24 | Registration Deadline: March 18)
*NO SATURDAY LESSONS, NO CLASS APRIL 13

SESSION 2: APRIL 27 - MAY 21 (Session 2 Registration Starts: Mon, March 30 | Registration Deadline: April 22)
*NO SATURDAY LESSONS, NO CLASS APRIL 13

Parent *and* ME

9 MONTHS - UNDER 2 YEARS | SWIM DIAPER REQUIRED

DAYS

WED

TIMES

6:00-6:30 pm*

NUMBER OF LESSONS | COST

4 lessons for \$46 (mem) | \$62 (non-mem)

*Needs 4 participants to run

ADVANCED Parent *and* ME

2 - 3 YEARS | SWIM DIAPER REQUIRED

DAYS

MON

TIMES

6:00-6:30 pm*

NUMBER OF LESSONS | COST

4 lessons for \$46 (mem) | \$62 (non-mem)

*Needs 4 participants to run

tiny Tots SWIMMING

3 - 4 YEARS | POTTY TRAINED

DAYS

M & W

TIMES

10:30-11:00 am*

NUMBER OF LESSONS | COST

8 lessons for \$76 (mem) | \$116 (non-mem)

M & W

5:00-5:30 pm*

8 lessons for \$76 (mem) | \$116 (non-mem)

T & TH

5:00 - 5:30 pm

8 lessons for \$76 (mem) | \$116 (non-mem)

*If numbers are low, classes may be combined.

CHOICE LITTLE SWIMMER REGISTRATION FORM - SPRING 2020

Name: _____ Date of Birth: ____ / ____ / ____ Current Age: _____
Parent Name(s): _____ Email: _____
Address: _____ City/State/Zip: _____
Parent Phone: _____ - _____ - _____ Alternate Phone # (work, mobile, etc.) _____ - _____ - _____ Gender: M F

I hereby acknowledge the health of my child, listed above, to be ready for vigorous activity and authorize the directors to secure any emergency treatment deemed necessary, and that I hereby release the Grand Forks Park District, Choice Health & Fitness and all employees, executors, and heirs from all claims for injuries, which may be sustained by my child while attending this program. I also understand that any medical bills incurred by my child due to injuries will be my responsibility or the responsibility of my family health insurance plan.

Parent or Guardian Signature: _____ Date: ____ / ____ / ____

PLEASE INDICATE THE SESSION IN WHICH YOU WOULD LIKE YOUR SON/DAUGHTER TO PARTICIPATE:

____ MARCH 23 - APRIL 20 (REGISTRATION OPENS: FEB. 24)

____ APRIL 27 - MAY 21 (REGISTRATION OPENS: MARCH 30)

PARENT & ME | 9 MON. - UNDER 2

____ WED 6:00 - 6:30pm
(\$46 mem, \$62 non)

ADVANCED PARENT & ME | 2-3 YRS

____ MON 6:00 - 6:30pm
(\$46 mem, \$62 non)

TINY TOTS SWIMMING | 3 - 4 YRS

____ M/W 10:30am (\$76 mem, \$116 non)

____ M/W 5:00pm (\$76 mem, \$116 non)

____ T/TH 5:00pm (\$76 mem, \$116 non)

CHOICE *little* SWIMMERS 9mon-4yrs

Choice Little Swimmers is designed to introduce young children to the water in a safe environment, which will teach them essential water skills and safety.

Parent *and* ME

9 MONTHS - UNDER 2 YEARS | SWIM DIAPER REQUIRED

Parent and Me swimming classes provide an introduction to water for parents and children. The 30-minute class meets once a week and offers a fun and safe way to get children comfortable in the water.

ADVANCED Parent *and* ME

2 YEARS | SWIM DIAPER REQUIRED

Advanced Parent and Me swimming classes provide a fun and safe way to get children comfortable in the water. The 30-minute class meets once a week and goes further than the original Parent & Me class by introducing children to water and safety skills.

tiny Tots SWIMMING

3 YEARS

Tiny Tots Swimming lessons provide an introduction to basic water skills and water safety for children. The 30-minute class meets twice a week and offers children a way to become comfortable in the water without a parent before Swimming Academy.

