



Winter/Spring 2020



Teen Tennis Challenge Day will feature fun challenge games, matches, prizes, and information about upcoming tennis programs at Choice!

11 - 18 Challenge Day

When: Saturday, Feb. 22 (Registration Deadline: Wed, Feb. 19)
Saturday, Apr. 18 (Registration Deadline: Wed, Apr. 15)

Time: 4:00 – 6:00 PM

Cost: Members - \$15 / Non-Members - \$20

CHOICE TEEN TENNIS CHALLENGE DAY REGISTRATION FORM - Winter/Spring 2020

PLEASE COMPLETE A SEPARATE FORM FOR EACH PARTICIPANT.

Name: _____ Date of Birth: ____/____/____ Gender: M F
Parent Name(s): _____ Email: _____
Address: _____ City/State/Zip: _____
Parent Phone: _____ - _____ - _____ Alternate Phone # (work, mobile, etc.) _____ - _____ - _____

I hereby acknowledge the health of my child, listed above, to be ready for vigorous activity and authorize the directors to secure any emergency treatment deemed necessary, and that I hereby release the Grand Forks Park District, Choice Health & Fitness and all employees, executors, and heirs from all claims for injuries, which may be sustained by my child while attending this program. I also understand that any medical bills incurred by my child due to injuries will be my responsibility or the responsibility of my family health insurance plan.

Parent of Guardian Signature: _____ Date: _____

PLEASE SELECT THE DATE:

☐ February 22

☐ April 18



WINTER/SPRING 2020

CHOICE HEALTH & FITNESS TEEN TENNIS CHALLENGE DAY

Teen Tennis Challenge Days are designed for players at every level, from those just learning to compete to players who are already in competition. Teen tennis challenge days range anything from team, doubles or individual challenge formats which allow players to play in a fun, non-threatening yet competitive environment. During the 2 - 3 hour events, participants are given the opportunity to play, which allows them to get ready for the next step of playing in sanctioned tournaments or if they are already competing, the events provide additional match play practice. Emphasis is placed on participation, effort, and sportsmanship.



CHOICE
HEALTH & FITNESS