

Potato Bowl 2021 | Kids Fun Run | Friday, Sept. 17, 2021 1K (.62 mile) or 2K (1.24 miles) | Open to kids of all ages (up to age 14)

Potato Bowl USA is celebrating its 55th year in the "Grand Cities." Kids of all ages are invited to join in the fun & tradition with the 11th Annual Hugo's Potato Bowl "Get Wet & Run Wild" Kids Fun Run at Choice Health & Fitness. The fun-filled event will feature a course with Inner Tube Hopscotch, Squirt Gun Alley, Safari Maze, Water Balloon Launch, and Sprinkler Sprint along the way! Sign up today!





Potato Bowl 2021 | Kids Fun Run

Date: Friday, September 17, 2021

Location: Choice Health & Fitness | 4401 S. 11th St. Grand Forks, ND 58201 | 701.746.2790

Ages: Open to kids of all ages (up to age 14)

Race Divisions: 1K (.62 mile) or 2K (1.24 miles)

Race Start Times: 1K Race - 5:30 pm | 2K Race - 5:50 pm | Awards following each race

Race Fees: Cash or Check Only With Form | Register Online With Link

- Now through Sept. 10th: \$12.00 / participant (+ Optional \$5.00 food shelf donation)
- Sept. 11th Sept. 17th: \$18.00 / participant (+ Optional \$5.00 food shelf donation)

Make Checks Payable To: Potato Bowl Kids Fun Run *One adult may accompany each child at no charge.

*Pre-Registration: ENDS FRIDAY, SEPTEMBER 10th.

Mail or drop off registration form to Choice Health & Fitness.

*Pre-registered participants guaranteed to receive an animal water bottle.

Race Day Registration: 4:00 pm - 5:15 pm in Community Rooms at Choice Health & Fitness

Race Course Features: Inner Tube Hopscotch | Sprinkler Sprint | Squirt Gun Alley | Safari Maze

Things to Know:

- Event will be held rain or shine. In the event of unsafe conditions, event may be cancelled. All entry fees will be donated to the Food Shelf. No refunds will be issued.
- Strollers are allowed on the course. No bikes, trikes, or pets please.
- All race participants and their families swim FREE at Choice Health & Fitness after the race.
- Receive a FREE 1-Day Family pass to Choice Health & Fitness with a \$5.00 (Cash) food shelf donation.

Questions: Contact Erin Morris | enelson.choicehf@gmail.com | 701.746.2790

Get Wet & Run Wild Kids Fun Run | Youth Registration Form { Please fill out separate form for each child }

(Check One)

12 K

Parent or Guardian Signature:

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Child's Name:	Date of Birth:/ / Age on Race Day: Gender: M F
Parent Name(s):	Email:
Address:	City/State/Zip:
Parent Phone:	Alternate Phone # (work, mobile, etc.)
and damages I may have against the Potato Bowl Committee,	by, for myself and my heirs, executors and administrators, waive any and all rights, claims, Choice H&F, the sponsors, coordination groups, City of Grand Forks and any individuals use of my name and picture in any broadcast, telecast or print media account of the event. derstand my own liability and do accept the restrictions.

RACE DIVISION & FFFS-

KACE DIVISION & FEE2
\$12.00 June 1- Sept. 10
\$18.00 Sept. 11 - 17
□ 1K \$
□ 2 K \$
□ Food Shelf <u>\$5.00</u>
TOTAL \$
Make Checks Payable to:

Make Checks Payable to: Potato Bowl Kids Fun Run

Amt Collected \$
BIB #
Initials: