2026 GRAND AM BASKETBALL TOURNAMENT RULES AND REGULATIONS

GENERAL RULES

- Each team has a 2-game guarantee in a first round loser bracket. If the number of teams entered in a division is low, the schedule may consist of round robin play. All players must be listed on your roster and a player may not be listed on more than one roster.
- Players are only permitted to participate on one team during the tournament and cannot be added by any other team at any time during the tournament.
- If a team questions whether another team is using illegal players, they must file a protest with the site supervisor prior to or during the game.
- During a game, and up to 2 hours after a team's game, if a team is found to have used an illegal player, the game in question may be forfeited.
- Illegal players or teams using illegal players may be restricted from participating in future Adult Grand Am tournaments.
- Age guidelines are effective as of the first day of the tournament.
- Players must be able to present proof of identification and age at each game in the event of a roster check.
- Throughout the tournament, all players must present their player pass to enter a gym. If a player loses their pass, they must purchase a new one.
- Due to NCAA rules and regulations concerning recruiting, high school students (underclassmen or graduating seniors) are not allowed to compete in the tournament, regardless of whether or not they intend to pursue college athletics.
- Divisions may be combined due to low numbers.
- Roster change requests must be made via e-mail to sports@choicehf.com. Please include the name and all info for the player(s) you are adding and the player(s) you are replacing. No roster additions/changes can be made after 12:00 pm March 23rd, 2026. No roster additions will be accepted at check-in.
- **THE TEAM CAPTAIN IS RESPONSIBLE FOR COMMUNICATING ALL RULES AND REGULATIONS TO THE MEMBERS OF HIS OR HER TEAM.**

  - All games will be played under NDHSAA Class AA Rules. Any exceptions to those rules are listed above or below.
  - Games will consist of two 16:00 halves with the clock stopping on all whistles and dead balls.
  -Players with college experience 40 years of age and older are permitted to play in the Commercial Division.

ILLEGAL PLAYERS

Illegal players are defined as…

a current high school student or younger.
a person found to be participating in the wrong division (as described in the division rules).
a person not listed on the team roster.
a person who has not sat out the required amount of time assessed for a technical foul.

COLLEGE PLAYERS

College players are defined as…

Any players who currently or formerly participated in a practice or game (pre-season or in-season) as a member of a college basketball team, including community colleges, junior colleges, colleges, and universities of any level. This includes red-shirted players, practice team players, JV level players and players who were cut or left a team.

GAME RULES

- All games will be played under NDHSAA Class AA Rules. Any exceptions to those rules are listed below.
- Players are not allowed to wear jewelry of any kind during tournament play.
- Due to the potential for damage to school property, **dunking is prohibited at all times**. A technical foul will be called against any player that dunks and they will have to sit for the mandatory 10 minutes. Teams will be liable for damage to backboards. No points will be awarded for any dunks.
- Players are not allowed to hang on rims or snap rims. Players are also not allowed to hang on the net at any time. Grabbing, snapping, or hanging on the rim and/or net will result in a technical foul.
- Dunking during warm-ups or grabbing the rim and/or net will result in a technical foul. Offending players will sit for the first 10 minutes of the game.

TIMES

- A maximum of 10 minutes will be allowed for warm-up time. Warm up times will be reduced if games are running behind.
- Games will start at the time shown on the schedule or five minutes after the prior game if games are running behind.
- Please be available at least 15 minutes before your scheduled time. Games will be forfeited five minutes after your scheduled starting time if an insufficient number of players are available to play.
- **Games will consist of two 16:00 halves with the clock stopping on all whistles and dead balls.**
- There is no shot clock.
- If the margin is greater than 25 points in the second half of play, we will switch to running clock for the remainder of the game.
- Each team will receive three one-minute timeouts per game.
- Halftime is a five-minute maximum.
- Overtime will be 2:00 with the clock stopping on all whistles. Additional overtime(s) will be one minute in length with the clock stopping on all whistles.
- Teams will have one 30 second timeout in overtime. ***Timeouts do not carry over from regulation time or to additional overtimes.***
- Overtime will begin with a jump ball.
- If you are unsure of your next game time you must check with the site supervisor(s).

TEAM REQUIREMENTS

- Teams are responsible for bringing their own medical kit to the games (athletic tape, bandages, ice packs, etc.). Ice packs will not be available at game sites, so captains are encouraged to bring their own.
- Score sheets must be filled in with names and numbers by team captains before game time. First and last names are required for all players. Failure to comply with the rules will result in a technical foul.
- **Team members must wear the same color shirt with visible numbers. *Using athletic tape for numbers will not be permitted.***
- Since women's divisions are available in the Grand Am, women must compete in a women's division.
- All players must be listed on the team roster. Substitutes are not permitted.
- Teams are subject to being checked for age and identification. ID's must be available at all times.
- Teams must start play on time if they have four players available. Players may enter the game late if they are written in the scorebook prior to the start of the game. A team may start and finish the game with no less than four players.
- All players entering the game must be written in the scorebook.
- **Roster change requests must be made via e-mail to sports@choicehf.com. Please include the name and all info for the player(s) you are adding and the player(s) you are replacing. No roster additions/changes can be made after 12:00 pm March 23rd, 2026.**

FOULS

- When a technical foul occurs, the player must sit for 10 minutes of the game. If a technical foul occurs with less than 10 minutes remaining in a game, the player will sit the rest of the game and the remainder of the 10 minutes at the start of the next game.
- Players sitting for a technical foul cannot re-enter the game, even if a team is short on players.
- ***If the player commits a second technical foul in a game, the player is ejected from the game and may be suspended for the tournament. Players ejected from a game must leave the building immediately. Failure to do so will result in suspension from the tournament and a forfeit will be assessed to the team.***
- Any Flagrant/Intentional Foul will result in a free throw and possession.
- **Any players initiating a fight with another player, making intentional or unwarranted contact with an official, or threatening a player or official will be suspended from the tournament indefinitely**.
- Any player suspended from the tournament must apply for re-instatement in future years.

CONDUCT AND INTERACTION WITH OFFICIALS AND SITE SUPERVISORS

- The team captain (identified at the start of the game) will be the only team spokesperson on all matters. This privilege is given only for clarification of a call or situation that occurs.
- At no time shall the coach/manager interrupt play, use unsportsmanlike conduct, use profanity, or badger the officials. (Any player abusing this rule shall be given a warning and/or technical foul at the discretion of the official).
- Players who have consumed alcoholic beverages before playing will be required to leave. Failure to do so may result in a forfeit.
- Teams must show respect to all fellow players, referees, and workers in the tournament. Tournament director(s) reserve the right to eject any player or team that is disrupting the tournament. In such a case, there will be no refund of fees.
- There is a ZERO tolerance for abuse or conduct towards players, referees, site supervisors, and/or workers for the tournament.

DIVISIONS

MEN'S OPEN

This is the strongest division in the tournament and consists of high-level play. Teams usually range from community college teams to NCAA Division II teams and occasionally some Division I players.

· Any current or graduating college player of any level is permitted to participate in the Open division. Players are responsible for confirming with their coach whether their participation in the Grand Am tournament will affect their eligibility.
· This is the only division available to college players of any level who participated during the 2025-26 pre-season or season.
· All former NCAA Division I players must compete in this division.
· **Note: See definition of a college player listed in the general tournament rules.**
· High school students or younger are not permitted in this tournament.

MEN'S COMMERCIAL

This division is for the moderately competitive level basketball players including former high-caliber, high school players. We allow teams in this division to have up to 2 former college players (under the age of 40) on the roster.

· Players who participated on a college team of any level during the 2025-26 pre-season or season are not permitted in this division.
· Former NCAA Division I & II college players (under the age of 40) are not permitted in this division.
· Teams with 3 or more former college players of any level (under the age of 40) are not permitted in this division.
· **Note: See definition of a college player listed in the general tournament rules.**
· High school students or younger are not permitted in this tournament.

MEN'S RECREATION I

This division is for recreational level players with a significant amount of competitive recreational experience (lower-caliber, high school experience, rec leagues, etc.)

- **No current or former college players of any level are permitted in this division.**
- **See definition of a college player listed in the general tournament rules.**
- High school students or younger are not permitted in this tournament.

WOMEN'S

This division is open to all levels of players. Teams usually range from former high school basketball players up to NCAA Division II teams and occasionally some Division I players.

- Any current or graduating college player is permitted to participate in the Women's division. Players are responsible for confirming with their coach whether or not their participation in the Grand Am tournament will affect their eligibility.
- High school students or younger are not permitted in this tournament.