



YOUTH TENNIS

PROGRAMS OPEN TO MEMBERS & NON-MEMBERS

HOW TO REGISTER



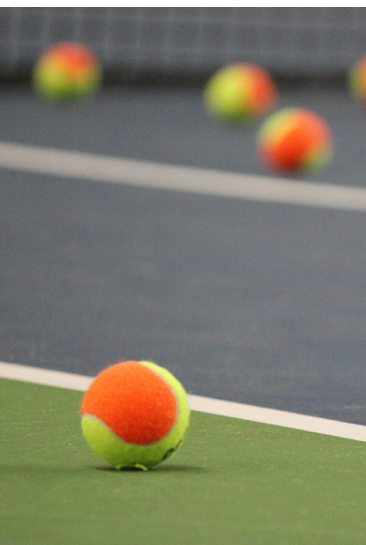
ONLINE REGISTRATION

Available to members only*

Register online at choicehf.com



Registration Forms available for download online at choicehf.com or in-person at Choice Health & Fitness. Forms can be turned in at Customer Service Desk.



TINY TOTS TENNIS (3 - 5 YEARS)

5 - **10**
MARCH - MAY

24
FEB.

Reg. Deadline
Late Fee: \$10

REG. OPENS: JAN. 27
NO CLASS: MARCH 22, APRIL 19

Location: Choice Tennis Courts

Tiny Tots introduces pre-school aged children to tennis. Parent-child class, so plan to attend to assist your child.

AGES	DAYS	TIME	COST	REG. CODE
3-5	WED	10:40 am - 11:25 am	\$76	TN1-310
3-5	SAT	10:40 am - 11:25 am	\$76	TN1-350

HOME SCHOOL TENNIS (5 - 14 YEARS)

3 - **12**
MARCH - MAY

24
FEB.

Reg. Deadline
Late Fee: \$10

REG. OPENS: JAN. 27
NO CLASS: APRIL 21

Location: Choice Tennis Courts

Participants will learn stroke mechanics, ball control skills, and movement associated with tennis. Home School Tennis is an entry level program. If your child's skill level is beyond this please consider signing up for 10U Tennis or Tennis Academy.

AGES	DAY	TIME	COST	REG. CODE
5-7	MON	11:00 am - 12:00 pm	\$105	TN1-7100
8-10	MON	11:00 am - 12:00 pm	\$125	TN1-7105
11-14	MON	11:00 am - 12:00 pm	\$125	TN1-7110





YOUTH
TENNIS

10 & UNDER TENNIS (5 - 10 YEARS)

3 + **15**
MARCH MAY

24
FEB.

Reg. Deadline
Late Fee: \$10

REG. OPENS: JAN. 27
NO CLASS: APRIL 21

Location: Choice Tennis Courts
A progressive approach to tennis success. Class utilizes scaled courts, low-compression balls, & smaller racquets to meet each child's developmental needs.

10 & UNDER TENNIS | BEGINNER

AGES	DAYS	TIME	COST	REGISTRATION CODE
5-6	THURS	3:30 pm - 4:30 pm	\$115.50	TN1-4110
7-8	WED	4:00 pm - 5:00 pm	\$115.50	TN1-4140
9-10	WED	5:00 pm - 6:00 pm	\$137.50	TN1-4170

10 & UNDER TENNIS | INTERMEDIATE

AGES	DAYS	TIME	COST	REGISTRATION CODE
5-6	THUR	3:30 pm - 4:30 pm	\$115.50	TN1-4210
7-8	M & W	4:00 pm - 5:00 pm	\$262.50	TN1-4240
9-10	M & W	5:00 pm - 6:00 pm	\$262.50	TN1-4270

10 & UNDER TENNIS | ADVANCED

AGES	DAYS	TIME	COST	REGISTRATION CODE
5-6	T & TH	3:30 pm - 4:30 pm	\$231	TN1-4310
7-8	M & W	4:00 pm - 5:00 pm	\$262.50	TN1-4340
9-10	M & W	5:00 pm - 6:00 pm	\$262.50	TN1-4370

TENNIS ACADEMY (11 - 18 YEARS)

4 + **15**
MARCH MAY

24
FEB.

Reg. Deadline
Late Fee: \$10

REG. OPENS: JAN. 27

Location: Choice Tennis Courts
Designed to develop junior tennis players through a curriculum which promotes a natural progression through skill-based levels.

Contact Info: Tim Wynne & Lisa Rollefstad | 701.746.2790

TENNIS ACADEMY | BEGINNER

AGES	DAYS	TIME	COST	REGISTRATION CODE
11-14	T & TH	6:00 pm - 7:00 pm	\$275	TN1-5120
15-18	T & TH	6:00 pm - 7:00 pm	\$275	TN1-5160

TENNIS ACADEMY | INTERMEDIATE

AGES	DAYS	TIME	COST	REGISTRATION CODE
11-14	T & TH	4:30 pm - 5:30 pm	\$275 \$365 (non-mem)	TN1-5210
15-18	T & TH	7:30 pm - 8:30 pm	\$275 \$365 (non-mem)	TN1-5250

TENNIS ACADEMY | ADVANCED

AGES	DAYS	TIME	COST	REGISTRATION CODE
11-14	T & TH	4:30 pm - 5:30 pm	\$275 \$365 (non-mem)	TN1-5310
15-18	T & TH	7:30 pm - 8:30 pm	\$275 \$365 (non-mem)	TN1-5350