



BASKETBALL

# Youth BASKETBALL

## PROGRAMS OPEN TO MEMBERS & NON-MEMBERS

### HOW TO REGISTER



**ONLINE REGISTRATION**  
Available to members only\*  
Register online at [choicehf.com](http://choicehf.com)



Registration Forms available for download online at [choicehf.com](http://choicehf.com) or in-person at Choice Health & Fitness.  
Forms can be turned in at Customer Service Desk.

## CHOICE BASKETBALL ACADEMY (GRADES K - 6)

**2** + **14** **27**  
JUNE AUGUST MAY

Reg. Deadline  
Late Fee: \$10

REG. OPENS: APRIL 28  
NO CLASS: JUNE 30 - JULY 3

**Location:** Choice Health & Fitness

Basketball Academy is designed to develop the fundamentals of basketball by utilizing skill development sessions with our basketball instructors. Participants will improve their basketball and motor skills while enjoying competitive drills and game-like situations.  
*(Limited Space)*

**Contact Info:** Tony Peterson & Lisa Rollefstad | [sports@choicehf.com](mailto:sports@choicehf.com) | 701.746.2790

### GRADES K-1

DAYS	TIME	COST	REGISTRATION CODE
MON & WED	9:00 am - 10:00 am	\$210	BB2-3105
MON	9:00 am - 10:00 am	\$105	BB2-3115
WED	9:00 am - 10:00 am	\$105	BB2-3125
TUES & THURS	9:00 am - 10:00 am	\$210	BB2-3135
TUES	9:00 am - 10:00 am	\$105	BB2-3140
THURS	9:00 am - 10:00 am	\$105	BB2-3145

### GRADES 2-3

DAYS	TIME	COST	REGISTRATION CODE
MON & WED	10:00 am - 11:00 am	\$210	BB2-3205
MON	10:00 am - 11:00 am	\$105	BB2-3215
WED	10:00 am - 11:00 am	\$105	BB2-3225
TUES & THURS	10:00 am - 11:00 am	\$210	BB2-3235
TUES	10:00 am - 11:00 am	\$105	BB2-3240
THURS	10:00 am - 11:00 am	\$105	BB2-3245

### GRADES 4-6

DAYS	TIME	COST	REGISTRATION CODE
MON & WED	11:00 am - 12:00 pm	\$210	BB2-3305
MON	11:00 am - 12:00 pm	\$105	BB2-3315
WED	11:00 am - 12:00 pm	\$105	BB2-3325



## MVP BASKETBALL ACADEMY (GRADES 4 - 8)

**3** - **14** **27**  
 JUNE AUGUST MAY  
 Reg. Deadline  
 Late Fee: \$10

REG. OPENS: APRIL 28  
 NO CLASS: JULY 1 & 3

**Location:** Choice Health & Fitness

MVP Basketball Academy is for players looking to take their game to the next level. Participants will be divided into groups based on skill level. Sessions will consist of 20 minutes of agility and ball-handling, 20 minutes of skill work, and 20 minutes of game play. Participants must be on a traveling team or have completed the Choice Basketball Academy program (Grades 4-5 or 6-8) and received consent from a Choice instructor. *(Limited Space)*

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### BOYS & GIRLS | GRADES 4-8

DAYS	TIME	COST	REGISTRATION CODE
TUES & THURS	11:00 am - 12:00 pm	\$216	BB2-4355