



BASKETBALL

Youth BASKETBALL

PROGRAMS OPEN TO MEMBERS & NON-MEMBERS

HOW TO REGISTER



ONLINE REGISTRATION
Available to members only*
Register online at choicehf.com



Registration Forms available for download online at choicehf.com or in-person at Choice Health & Fitness.
Forms can be turned in at Customer Service Desk.

CHOICE BASKETBALL ACADEMY (GRADES K - 6)

3 JUNE + **15** AUGUST

28 MAY

Reg. Deadline
Late Fee: \$10

REG. OPENS: APRIL 29
NO CLASS: JULY 1-4

Location: Choice Health & Fitness

Basketball Academy is designed to develop the fundamentals of basketball by utilizing skill development sessions with our basketball instructors. Participants will improve their basketball and motor skills while enjoying competitive drills and game-like situations.

Contact Info: Tony Peterson & Lisa Rollefstad | sports@choicehf.com | 701.746.2790

GRADES K-1

DAYS	TIME	COST	REGISTRATION CODE	MAX CLASS CAPACITY
M & W	9:00 am - 10:00 am	\$210	BB2-3105	8 Players
MON	9:00 am - 10:00 am	\$105	BB2-3115	4 Players
WED	9:00 am - 10:00 am	\$105	BB2-3125	4 Players
T & TH	9:00 am - 10:00 am	\$210	BB2-3135	8 Players
TUES	9:00 am - 10:00 am	\$105	BB2-3140	4 Players
THURS	9:00 am - 10:00 am	\$105	BB2-3145	4 Players

GRADES 2-3

DAYS	TIME	COST	REGISTRATION CODE	MAX CLASS CAPACITY
M & W	10:00 am - 11:00 am	\$210	BB2-3205	8 Players
MON	10:00 am - 11:00 am	\$105	BB2-3215	4 Players
WED	10:00 am - 11:00 am	\$105	BB2-3225	4 Players
T & TH	10:00 am - 11:00 am	\$210	BB2-3235	8 Players
TUES	10:00 am - 11:00 am	\$105	BB2-3240	4 Players
THURS	10:00 am - 11:00 am	\$105	BB2-3245	4 Players

GRADES 4-6

DAYS	TIME	COST	REGISTRATION CODE	MAX CLASS CAPACITY
M & W	11:00 am - 12:00 pm	\$210	BB2-3305	8 Players
MON	11:00 am - 12:00 pm	\$105	BB2-3315	4 Players
WED	11:00 am - 12:00 pm	\$105	BB2-3325	4 Players



MVP BASKETBALL ACADEMY (GRADES 4 - 8)

4
+ 15
28
JUNE
AUGUST
MAY

Reg. Deadline
Late Fee: \$10

REG. OPENS: APRIL 29
 NO CLASS: JULY 2 & 4

Location: Choice Health & Fitness

MVP Basketball Academy is for players looking to take their game to the next level. Participants will be divided into groups based on skill level. Sessions will consist of 20 minutes of agility and ball-handling, 20 minutes of skill work, and 20 minutes of game play. Participants must be on a traveling team or have completed the Choice Basketball Academy program (Grades 4-5 or 6-8) and received consent from a Choice instructor.

Contact Info: Tony Peterson or Lisa Rollefstad | sports@choicehf.com | 701.746.2790

BOYS & GIRLS | GRADES 4-8

DAYS	TIME	COST	REGISTRATION CODE	MAX CLASS CAPACITY
T & TH	11:00 am - 12:00 pm	\$216	BB2-4355	16 Players