

the KIDS ZONE

CHOICE HEALTH & FITNESS

CHECK OUT THE ALL NEW KIDS ZONE!

The Kids Zone is the ultimate space for our youth members; where kids (8-14 years old) can be active, play games, hangout, or just relax!



CHECKING IN

Youth members must check-in at the Childcare Desk to get a pass which allows them to hang out in the Kids Zone for a max timeframe of 2 hours.

* Non-members must pay a guest fee at the Customer Service Desk & bring receipt to the Childcare staff to access the Kids Zone.



HOURS

MONDAY – THURSDAY

8:00 AM – 1:30 PM & 4:00 – 8:00 PM

FRIDAY

8:00 AM – 1:30 PM & 4:00 – 7:00 PM*

SATURDAY

8:00 AM – 1:30 PM

SUNDAY | CLOSED

Please Note: Hours subject to change - See class schedule for availability.

* Kids Zone is closed on Friday afternoon during the summer



AVAILABILITY & PROGRAMS

The Kids Zone is available for youth members to use during room hours. Reservations for the Kids Zone are NOT available. When a special Youth Fitness Program* is occurring within the Kids Zone, the room will only be available to members enrolled in the class.

* YOUTH FITNESS PROGRAM SCHEDULE:

MONDAY | 6:30 PM – 7:30 PM TUES/THURS | 4:00 PM – 5:00 PM

QUESTIONS?

Call 701.746.2790

