

# WATER SAFETY INSTRUCTION CLASS

**CLASS INCLUDES:**

- Water Safety Instruction
- Certification Valid for 2 Years
- Free Electronic Copy of Water Safety Manual, Swimming & Water Safety Manual

*Please bring some form of USB/external hard drive if you would like a personal copy of manuals.*

Please bring some form of electronic device in order to view/download materials throughout the class. (i.e. laptop, iPad, Kindle Fire, etc., to access electronic materials during class).

**Dates:** May 7-9

**Cost:** \$211 (payable to Choice Health & Fitness)  
\$39 (payable via credit card to American Red Cross upon registration)

Class Schedule:	Day	time	location
	Friday	5:00 pm - 8:00 pm	Choice Health & Fitness
	Saturday	8:00 am - 6:00 pm	Choice Health & Fitness
	Sunday	8:00 am - 6:00 pm	Choice Health & Fitness

## CHOICE WATER SAFETY INSTRUCTION CLASS REGISTRATION FORM

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/St/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

**APPLICANTS MUST ALSO FILL OUT A HEALTH STATEMENT FORM** (Forms can be found online at choicehf.com or can be picked up in person at Choice Health & Fitness - located at 4401 S. 11<sup>th</sup> St., Grand Forks, ND.)

\_\_\_\_ May 7-9 (\$211)

# **CHOICE** **WSI** **CLASSES**

**Choice Water Safety Instruction classes are offered to aquatics instructors who wish to learn how to teach people of different ages and abilities how to be safe in, on or around the water and how to swim. In a logical progression, the program covers the knowledge and skills needed for aquatic skill development.**

## **Water Safety Instruction**

**Certification Valid for 2 Years**

### **Free Electronic Copy of:**

- **Water Safety Instruction Manual**
- **Swimming & Water Safety Manual**