

AUGUST 2022

aquatics area 
MONTHLY CLASS SCHEDULE 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22 Senior Splash 8:00 - 8:45AM Instructor: Brenda 9:00 - 9:45AM Instructor: Brenda	23 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Roopa	24 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	25 Gentleman's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Sue	26 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	27 Water Aerobics 8:15 - 8:55AM Instructor: Sue	28 NO CLASSES
29 Senior Splash 8:00 - 8:45AM Instructor: Brenda 9:00 - 9:45AM Instructor: Brenda	30 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Roopa	31 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue				



***PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE**