

OCTOBER 2022

aquatics area
MONTHLY CLASS SCHEDULE 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 Water Aerobics 8:15 - 8:55AM Instructor: Sue	2 NO CLASSES
3 Senior Splash 8:00 - 8:45AM Instructor: Brenda 9:00 - 9:45AM Instructor: Brenda	4 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: Kelley	5 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	6 Gentleman's 11:00 - 11:45AM Instructor: TBD Water Aerobics 1:00 - 1:45PM Instructor: Davina	7 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	8 Water Aerobics 8:15 - 8:55AM Instructor: Sue	9 NO CLASSES
10 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	11 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: Kelley	12 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	13 Gentleman's 11:00 - 11:45AM Instructor: Brenda Water Aerobics 1:00 - 1:45PM Instructor: Davina	14 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	15 Water Aerobics 8:15 - 8:55AM Instructor: Sue	16 NO CLASSES
17 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	18 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: TBD	19 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	20 Gentleman's 11:00 - 11:45AM Instructor: Brenda Water Aerobics 1:00 - 1:45PM Instructor: Davina	21 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	22 Water Aerobics 8:15 - 8:55AM Instructor: Davina	23 NO CLASSES
24 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	25 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: Kelley	26 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	27 Gentleman's 11:00 - 11:45AM Instructor: TBD Water Aerobics 1:00 - 1:45PM Instructor: TBD	28 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	29 Water Aerobics 8:15 - 8:55AM Instructor: Sue	30 NO CLASSES
31 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley						



*PLEASE NOTE: INSTRUCTOR SCHEDULES ARE POSTED AT THE BEGINNING OF EACH MONTH AND ARE SUBJECT TO CHANGE