

# Choice Sports

## Adult Tennis Leagues

**Why let the kids have all the fun? Join Choice Health & Fitness Adult Tennis Leagues and hit the courts this summer in some friendly competition. League available for all skill levels, beginners - experts. Must be 18 or older. All leagues are coed unless otherwise specified.**

### **DON'T KNOW WHAT LEVEL TO PLAY?**

Our goal is to ensure a competitive league for everyone involved. If you don't have a player rating, we'll help you determine your appropriate level of play. Also, a self-rating guide is available at [www.usta.com](http://www.usta.com).

### **CAN'T COMMIT EVERY WEEK?**

If you will rarely miss, we'll have a sub list of players that can be contacted to ensure your opponent(s) have a match. If you can't commit to a majority of the league nights but would like to play, add your name to our sub list. You'll likely have some opportunities to play during the league.

### **DON'T HAVE A DOUBLES PARTNER?**

You don't register with a partner. The doubles leagues are progressive, meaning, you'll team up with different players each week, based on your results from the previous week.

### **WHERE ARE LEAGUES LOCATED?**

Leagues are held at Choice Health & Fitness.

### **WHAT ARE THE RULES?**

League schedules, rules, & awards will be finalized & announced after registration.



## Summer Session: June 15 - August 17

Registration Deadline: June 5 (\$10 late fee after deadline)

**Where:** Choice Health & Fitness (outdoor courts) | 4401 S 11th St, Grand Forks, ND

**When:** **Doubles League**  
Thursday | 6:00 - 8:00 p.m.

**Divisions:** 2.5 - 3.0 Progressive Doubles  
3.5 - 4.0 Progressive Doubles

**Player Level:** NTRP  
2.5 - 3.0  
3.5 - 4.0

**Approximate Level of Player**  
Beginner / Intermediate  
Intermediate / Advanced

**Cost:** **Doubles League**  
\$40 + tax per player

**Return full payment and registration to:** Choice Health & Fitness  
P.O. Box 12429  
Grand Forks, ND 58208-2429

**Deadline:** Monday June 5 or until full.  
\$10.00 late fee if registration is accepted after deadline.

**Rules:** League schedules, rules, & awards will be finalized and announced after registration.

Detach and return with full payment.

### ADULT TENNIS LEAGUE REGISTRATION FORM | June 15 - August 17

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Phone: (W) \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ (C) \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ (Work) \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

PLEASE MARK THE LEAGUE IN WHICH YOU WOULD LIKE TO PLAY:  DOUBLES

PLEASE CIRCLE YOUR PLAYER LEVEL BELOW:

2.5 - 3.0

3.5 - 4.0

Unknown

Return registration forms to Choice Health & Fitness. Leagues are scheduled on a first come, first served basis and will fill up quickly.

For office use only: Ring up under "Tennis - Leagues". Fees: Doubles (\$40 + tax). Add \$10 if accepted after June 5.