

SEPTEMBER 2023

aquatics area

MONTHLY CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	2 Water Aerobics 8:15 - 8:55AM Instructor: Sue	3 NO CLASSES
4 Senior Splash 8:00 - 8:45AM Instructor: NO CLASSES 9:00 - 9:45AM Instructor: NO CLASSES	5 Water Aerobics 11:00 - 11:45PM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: Abby	6 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	7 Gentleman's 11:00 - 11:45AM Instructor: Abby Water Aerobics 1:00 - 1:45PM Instructor: Sue	8 Senior Splash 8:00 - 8:45AM Instructor: Kelley 9:00 - 9:45AM Instructor: Kelley	9 Water Aerobics 8:15 - 8:55AM Instructor: Sue	10 NO CLASSES
11 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	12 Gentlemen's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: Abby	13 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	14 Gentleman's 11:00 - 11:45AM Instructor: Kelley Water Aerobics 1:00 - 1:45PM Instructor: Sue	15 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	16 Water Aerobics 8:15 - 8:55AM Instructor: Sue	17 NO CLASSES
18 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	19 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Abby 5:40 - 6:20PM Instructor: Abby	20 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	21 Gentleman's 11:00 - 11:45AM Instructor: Abby Water Aerobics 1:00 - 1:45PM Instructor: Sue	22 Senior Splash 8:00 - 8:45AM Instructor: Kelley 9:00 - 9:45AM Instructor: Kelley	23 Water Aerobics 8:15 - 8:55AM Instructor: Sue	24 NO CLASSES
25 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	26 Gentlemen's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: Abby	27 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	28 Gentleman's 11:00 - 11:45AM Instructor: Kelley Water Aerobics 1:00 - 1:45PM Instructor: Sue	29 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	30 Water Aerobics 8:15 - 8:55AM Instructor: Sue	