

NOVEMBER 2023

aquatics area

MONTHLY CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	2 Water Aerobics 11:00 - 11:45PM Instructor: Abby Water Aerobics 1:00 - 1:45PM Instructor: Sue	3 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	4 Water Aerobics 8:15 - 8:55AM Instructor: Sue	5 NO CLASSES
6 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	7 Water Aerobics 11:00 - 11:45PM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Abby 5:40 - 6:20PM Instructor: Abby	8 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	9 Gentleman's 11:00 - 11:45AM Instructor: Abby Water Aerobics 1:00 - 1:45PM Instructor: Sue	10 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	11 Water Aerobics 8:15 - 8:55AM Instructor: Sue	12 NO CLASSES
13 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	14 Gentlemen's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Abby 5:40 - 6:20PM Instructor: Abby	15 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	16 Gentleman's 11:00 - 11:45AM Instructor: Abby Water Aerobics 1:00 - 1:45PM Instructor: Sue	17 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	18 Water Aerobics 8:15 - 8:55AM Instructor: Sue	19 NO CLASSES
20 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	21 Gentlemen's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Abby 5:40 - 6:20PM Instructor: Abby	22 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	23 HAPPY THANKSGIVING CLOSED	24 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	25 Water Aerobics 8:15 - 8:55AM Instructor: Sue	26 NO CLASSES
27 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	28 Gentlemen's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Abby 5:40 - 6:20PM Instructor: Abby	29 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	30 Gentleman's 11:00 - 11:45AM Instructor: Abby Water Aerobics 1:00 - 1:45PM Instructor: Sue			