

DECEMBER 2023

aquatics area

MONTHLY CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	2 Water Aerobics 8:15 - 8:55AM Instructor: Hyley	3 NO CLASSES
4 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	5 Water Aerobics 11:00 - 11:45PM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Roopa 5:40 - 6:20PM Instructor: Abby	6 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	7 Gentleman's 11:00 - 11:45AM Instructor: Kelley Water Aerobics 1:00 - 1:45PM Instructor: Sue	8 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	9 Water Aerobics 8:15 - 8:55AM Instructor: Sue	10 NO CLASSES
11 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	12 Gentlemen's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Kelley 5:40 - 6:20PM Instructor: Abby	13 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	14 Gentleman's 11:00 - 11:45AM Instructor: Kelley Water Aerobics 1:00 - 1:45PM Instructor: Sue	15 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	16 Water Aerobics 8:15 - 8:55AM Instructor: Hyley	17 NO CLASSES
18 Senior Splash 8:00 - 8:45AM Instructor: Hyley 9:00 - 9:45AM Instructor: Hyley	19 Gentlemen's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Abby 5:40 - 6:20PM Instructor: Abby	20 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	21 Gentleman's 11:00 - 11:45AM Instructor: Roopa Water Aerobics 1:00 - 1:45PM Instructor: Sue	22 Senior Splash 8:00 - 8:45AM Instructor: Sue 9:00 - 9:45AM Instructor: Sue	23 Water Aerobics 8:15 - 8:55AM Instructor: Hyley	24 NO CLASSES
25 MERRY CHRISTMAS! CLOSED	26 Gentlemen's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Davina 5:40 - 6:20PM Instructor: TBD	27 Senior Splash 8:00 - 8:45AM Instructor: TBD 9:00 - 9:45AM Instructor: TBD	28 Gentleman's 11:00 - 11:45AM Instructor: Davina Water Aerobics 1:00 - 1:45PM Instructor: Davina	29 Senior Splash 8:00 - 8:45AM Instructor: TBD 9:00 - 9:45AM Instructor: TBD	30 Water Aerobics 8:15 - 8:55AM Instructor: Davina	31 NO CLASSES