

AUGUST



group cycling

MONTHLY CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			<p>1</p> <p>Group Cycling Kaylee 5:30-6:15 am (C2)</p> <p>RPM Amber 9:00-9:45 am (C2)</p>	<p>2</p> <p>RPM Michelle 5:30-6:15 am (C2)</p> <p>Group Cycling Alyssa 9:00-9:45 am (C2)</p>	<p>3</p> <p>POWER CYCLING Karen 8:30-9:30 am (C2)</p>	<p>4</p> <p>Group Cycling Davina 11:00-11:45 am (C2)</p>
<p>5</p> <p>RPM Alyssa 12:00-12:45 pm (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>6</p> <p>RPM Kerri 5:30-6:15 am (C2)</p> <p>Group Cycling Amber 9:00-9:45 am (C2)</p> <p>RPM TBD 5:30-6:15 pm (C2)</p>	<p>7</p> <p>RPM Michelle 5:30-6:15 am (C2)</p> <p>Group Cycling Lauren 12:00-12:45 am (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>8</p> <p>Group Cycling Kaylee 5:30-6:15 am (C2)</p> <p>RPM Tammy 9:00-9:45 am (C2)</p>	<p>9</p> <p>RPM Julie 5:30-6:15 am (C2)</p> <p>Group Cycling Alyssa 9:00-9:45 am (C2)</p>	<p>10</p> <p>POWER CYCLING Karen 8:30-9:30 am (C2)</p>	<p>11</p> <p>Group Cycling Michelle 11:00-11:45 am (C2)</p>
<p>12</p> <p>RPM Alyssa 12:00-12:45 pm (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>13</p> <p>RPM Kerri 5:30-6:15 am (C2)</p> <p>Group Cycling Amber 9:00-9:45 am (C2)</p> <p>RPM TBD 5:30-6:15 pm (C2)</p>	<p>14</p> <p>RPM Michelle 5:30-6:15 am (C2)</p> <p>Group Cycling Lauren 12:00-12:45 am (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>15</p> <p>Group Cycling Kaylee 5:30-6:15 am (C2)</p> <p>RPM Tammy 9:00-9:45 am (C2)</p>	<p>16</p> <p>RPM CLOSED 5:30-6:15 am (C2)</p> <p>Group Cycling CLOSED 9:00-9:45 am (C2)</p>	<p>17</p> <p>POWER CYCLING CLOSED 8:30-9:30 am (C2)</p>	<p>18</p> <p>Group Cycling CLOSED 11:00-11:45 am (C2)</p>
<p>19</p> <p>RPM Alyssa 12:00-12:45 pm (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>20</p> <p>RPM Kerri 5:30-6:15 am (C2)</p> <p>Group Cycling Amber 9:00-9:45 am (C2)</p> <p>RPM TBD 5:30-6:15 pm (C2)</p>	<p>21</p> <p>RPM Michelle 5:30-6:15 am (C2)</p> <p>Group Cycling Lauren 12:00-12:45 am (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>22</p> <p>Group Cycling Kaylee 5:30-6:15 am (C2)</p> <p>RPM Tammy 9:00-9:45 am (C2)</p>	<p>23</p> <p>RPM Julie 5:30-6:15 am (C2)</p> <p>Group Cycling Alyssa 9:00-9:45 am (C2)</p>	<p>24</p> <p>POWER CYCLING Karen 8:30-9:30 am (C2)</p>	<p>25</p> <p>Group Cycling Davina 11:00-11:45 am (C2)</p>
<p>26</p> <p>RPM Alyssa 12:00-12:45 pm (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>27</p> <p>RPM Kerri 5:30-6:15 am (C2)</p> <p>Group Cycling Amber 9:00-9:45 am (C2)</p> <p>RPM Davina 5:30-6:15 pm (C2)</p>	<p>28</p> <p>RPM Michelle 5:30-6:15 am (C2)</p> <p>Group Cycling Lauren 12:00-12:45 am (C2)</p> <p>EPIC Cycling Karen 4:30-5:00 pm (C2)</p> <p>RPM Karen 5:30-6:30 pm (C2)</p>	<p>29</p> <p>Group Cycling Kaylee 5:30-6:15 am (C2)</p> <p>RPM Tammy 9:00-9:45 am (C2)</p>	<p>30</p> <p>RPM Yvonne 5:30-6:15 am (C2)</p> <p>Group Cycling Alyssa 9:00-9:45 am (C2)</p>	<p>31</p> <p>POWER CYCLING Karen 8:30-9:30 am (C2)</p>	

PLEASE NOTE: Instructor schedules are posted at the beginning of the month and are subject to change.