

DECEMBER



group cycling

MONTHLY CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 Group Cycling Michelle 11:00-11:45 am (C2)
2 Spin & Sculpt Kaylee 5:30-6:15 am (C2) RPM Alyssa 12:00-12:45 pm (C2) EPIC Cycling Davina 4:30-5:00 pm (C2) RPM Humberto 5:30-6:30 pm (C2)	3 RPM Kerri 5:30-6:15 am (C2) Group Cycling Amber 9:00-9:45 am (C2) RPM Yvonne 5:30-6:15 pm (C2)	4 RPM Michelle 5:30-6:15 am (C2) Group Cycling Lauren 12:00-12:45 am (C2) EPIC Cycling Davina 4:30-5:00 pm (C2) RPM Julie 5:30-6:30 pm (C2)	5 Group Cycling Kaylee 5:30-6:15 am (C2) RPM Tammy 9:00-9:45 am (C2)	6 RPM Julie 5:30-6:15 am (C2) Group Cycling Lauren 9:00-9:45 am (C2)	7 POWER CYCLING Yvonne 8:30-9:30 am (C2)	8 Group Cycling Davina 11:00-11:45 am (C2)
9 Spin & Sculpt Kaylee 5:30-6:15 am (C2) RPM Alyssa 12:00-12:45 pm (C2) EPIC Cycling Davina 4:30-5:00 pm (C2) RPM Humberto 5:30-6:30 pm (C2)	10 RPM Kerri 5:30-6:15 am (C2) Group Cycling Amber 9:00-9:45 am (C2) RPM Yvonne 5:30-6:15 pm (C2)	11 RPM Michelle 5:30-6:15 am (C2) Group Cycling Alyssa 12:00-12:45 am (C2) EPIC Cycling Davina 4:30-5:00 pm (C2) RPM Davina 5:30-6:30 pm (C2)	12 Group Cycling Kaylee 5:30-6:15 am (C2) RPM Tammy 9:00-9:45 am (C2)	13 RPM Yvonne 5:30-6:15 am (C2) Group Cycling Lauren 9:00-9:45 am (C2)	14 POWER CYCLING Alyssa 8:30-9:30 am (C2)	15 Group Cycling Davina 11:00-11:45 am (C2)
16 Spin & Sculpt Kaylee 5:30-6:15 am (C2) RPM Alyssa 12:00-12:45 pm (C2) EPIC Cycling Davina 4:30-5:00 pm (C2) RPM Davina 5:30-6:30 pm (C2)	17 RPM Kerri 5:30-6:15 am (C2) Group Cycling Amber 9:00-9:45 am (C2) RPM Yvonne 5:30-6:15 pm (C2)	18 RPM Michelle 5:30-6:15 am (C2) Group Cycling Lauren 12:00-12:45 am (C2) EPIC Cycling Davina 4:30-5:00 pm (C2) RPM Davina 5:30-6:30 pm (C2)	19 Group Cycling Kaylee 5:30-6:15 am (C2) RPM Tammy 9:00-9:45 am (C2)	20 RPM Michelle 5:30-6:15 am (C2) Group Cycling Lauren 9:00-9:45 am (C2)	21 POWER CYCLING Yvonne 8:30-9:30 am (C2)	22 Group Cycling Davina 11:00-11:45 am (C2)
23/ 30 Spin & Sculpt Kaylee 5:30-6:15 am (C2) RPM Alyssa 12:00-12:45 pm (C2) EPIC Cycling Jen 4:30-5:00 pm (C2) RPM Davina 5:30-6:30 pm (C2)	24 RPM Kerri 5:30-6:15 am (C2) Group Cycling Amber 9:00-9:45 am (C2) 31 RPM Kerri 5:30-6:15 am (C2) Group Cycling Amber 9:00-9:45 am (C2) RPM Yvonne 5:30-6:15 pm (C2)	25 Merry Christmas CLOSED	26 RPM Kaylee 5:30 – 6:15am (C2) RPM TBD 9:00-9:45 am (C2)	27 RPM Julie 5:30-6:15 am (C2) Group Cycling Alyssa 9:00-9:45 am (C2)	28 POWER CYCLING TBD 8:30-9:30 am (C2)	29 Group Cycling Davina 11:00-11:45 am (C2)

PLEASE NOTE: Instructor schedules are posted at the beginning of the month and are subject to change.