

**JUNE**

# strength & toning

## MONTHLY CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> <b>BODYPUMP   Sandy</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Claire</b> 9:00-10:00 am (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>2</b> <b>Senior Fun &amp; Fit   Kelley</b> 8:45-9:30 am (G2)  <b>Senior Circuit   Kelley</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Tammy</b> 12:00-12:45 pm (G2)  <b>BODYPUMP   Alyssa</b> 4:45-5:45 pm (G2)	<b>3</b> <b>BODYPUMP  Yvonne</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Amber</b> 9:00-10:00 am (G2)  <b>SS Classic  Kelley</b> 11:00-11:45 am (Y1)  <b>BODYPUMP   Sandy</b> 5:15-6:00 pm (G2)	<b>4</b> <b>Senior Fun &amp; Fit   TBD</b> 8:45-9:30 am (G2)  <b>Senior Circuit   TBD</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Claire</b> 12:00-12:45 pm (G2)  <b>BODYPUMP   Yvonne</b> 4:45-5:45 pm (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>5</b> <b>BODYPUMP   Sandy</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Isabell</b> 10:15-11:00 am (G2)	<b>6</b> <b>BODYPUMP  Katya</b> 10:00-11:00 am (G2)	<b>7</b> <b>BODYPUMP  Yvonne</b> 10:45-11:45 am (G2)
<b>8</b> <b>BODYPUMP   Claire</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Amber</b> 9:00-10:00 am (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>9</b> <b>Senior Fun &amp; Fit   Kelley</b> 8:45-9:30 am (G2)  <b>Senior Circuit   Kelley</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Isabell</b> 12:00-12:45 pm (G2)  <b>BODYPUMP   Alyssa</b> 4:45-5:45 pm (G2)	<b>10</b> <b>BODYPUMP  Yvonne</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Amber</b> 9:00-10:00 am (G2)  <b>SS Classic  Kelley</b> 11:00-11:45 am (Y1)  <b>BODYPUMP   Sandy</b> 5:15-6:00 pm (G2)	<b>11</b> <b>Senior Fun &amp; Fit   TBD</b> 8:45-9:30 am (G2)  <b>Senior Circuit   TBD</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Sandy</b> 12:00-12:45 pm (G2)  <b>BODYPUMP   Yvonne</b> 4:45-5:45 pm (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>12</b> <b>BODYPUMP   Claire</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Tammy</b> 10:15-11:00 am (G2)	<b>13</b> <b>BODYPUMP  Alyssa</b> 10:00-11:00 am (G2)	<b>14</b> <b>BODYPUMP  Claire</b> 10:45-11:45 am (G2)
<b>15</b> <b>BODYPUMP  TBD</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Amber</b> 9:00-10:00 am (G2)  <b>BODYPUMP  Claire</b> 7:00-8:00 pm (G2)	<b>16</b> <b>Senior Fun &amp; Fit   Kelley</b> 8:45-9:30 am (G2)  <b>Senior Circuit   Kelley</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Tammy</b> 12:00-12:45 pm (G2)  <b>BODYPUMP   Alyssa</b> 4:45-5:45 pm (G2)	<b>17</b> <b>BODYPUMP   Claire</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Amber</b> 9:00-10:00 am (G2)  <b>SS Classic   Kelley</b> 11:00-11:45 am (Y1)  <b>BODYPUMP   Sandy</b> 5:15-6:00 pm (G2)	<b>18</b> <b>Senior Fun &amp; Fit   TBD</b> 8:45-9:30 am (G2)  <b>Senior Circuit   TBD</b> 9:45-10:30 am (G2)  <b>BODYPUMP  Sandy</b> 12:00-12:45 pm (G2)  <b>BODYPUMP   Yvonne</b> 4:45-5:45 pm (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>19</b> <b>BODYPUMP   Yvonne</b> 5:30-6:30 am (G2)  <b>BODYPUMP   Isabell</b> 10:15-11:00 am (G2)	<b>20</b> <b>BODYPUMP   Alyssa</b> 10:00-11:00 am (G2)	<b>21</b> <b>BODYPUMP  Yvonne</b> 10:45-11:45 am (G2)
<b>22</b> <b>BODYPUMP  Sandy</b> 5:30-6:30 am (G2)  <b>BODYPUMP  Amber</b> 9:00-10:00 am (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>23</b> <b>Senior Fun &amp; Fit   Kelley</b> 8:45-9:30 am (G2)  <b>Senior Circuit   Kelley</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Isabell</b> 12:00-12:45 pm (G2)  <b>BODYPUMP  Alyssa</b> 4:45-5:45 pm (G2)	<b>24</b> <b>BODYPUMP  TBD</b> 5:30-6:30 am (G2)  <b>BODYPUMP  Amber</b> 9:00-10:00 am (G2)  <b>SS Classic   Kelley</b> 11:00-11:45 am (Y1)  <b>BODYPUMP  Sandy</b> 5:15-6:00 pm (G2)	<b>25</b> <b>Senior Fun &amp; Fit   TBD</b> 8:45-9:30 am (G2)  <b>Senior Circuit   TBD</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Sandy</b> 12:00-12:45 pm (G2)  <b>BODYPUMP  Alyssa</b> 4:45-5:45 pm (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>26</b> <b>BODYPUMP  TBD</b> 5:30-6:30 am (G2)  <b>BODYPUMP  Amber</b> 10:15-11:15 am (G2)	<b>27</b> <b>BODYPUMP  Katya</b> 10:00-11:00 am (G2)	<b>28</b> <b>BODYPUMP  Sandy</b> 10:45-11:45 am (G2)
<b>29</b> <b>BODYPUMP  Sandy</b> 5:30-6:30 am (G2)  <b>BODYPUMP  Amber</b> 9:00-10:00 am (G2)  <b>BODYPUMP  Katya</b> 7:00-8:00 pm (G2)	<b>30</b> <b>Senior Fun &amp; Fit   Kelley</b> 8:45-9:30 am (G2)  <b>Senior Circuit   Kelley</b> 9:45-10:30 am (G2)  <b>BODYPUMP   Isabell</b> 12:00-12:45 pm (G2)  <b>BODYPUMP  Alyssa</b> 4:45-5:45 pm (G2)					

**PLEASE NOTE:** Instructor schedules are posted at the beginning of the month and are subject to change.